

In the Specification:

Please amend the specification as follows:

Page 46, Paragraph 77 (Abstract), kindly amend as follows:

A releasably attachable grip for a railing, grab bar, or pole, the railing, grab bar, or pole having an outer surface ~~is disclosed~~. The grip comprises a body having a first side and a second side opposite the first side. The grip also comprises a releasable adhesive disposed on the second side of the body. The releasable adhesive is configured to adhere to the outer surface.